Lent and Lament – DQs

1. What makes lament a uniquely human experience?
2. Have you ever participated in lament? What was that like?
3. Luke talked about how lament is often about us being boldly honest with God and ourselves. What does that bold honesty look like?
4. What have you personally had to cry out to God about?
5. Where have you seen God’s faithfulness in the past?
6. Often, we make the mistake of putting God into our box of what is possible. If we were to “let God out of our box” what would He be able to accomplish?
7. In Psalm 51, we see two main themes presented: sinfulness and forgiveness. Have you experienced God’s forgiveness for your sins? If so, what was that experience like for you?